SHAC MEETING

October 4, 2021 Stated at 5:35pm

ATTENDEES

Mary Perez, Jaclyn Keller, Lenaya Robinson, Melissa O'Keefe, Christina Thomas, Ryan Heger, Sarah Winker, Shelly Weber, Kimberly Raymond, Bethany Estrada, Kenneth Elliott, Kristi Baumbach, Veronica Alejo-Waits, Samantha Cheatham, Cristina Vazquez, Flora Amaya

SHAC Vision Statement, Mission Statement and Coordinated School Health

The SHAC Vision Statement and Mission Statement were both reviewed and the membership was encouraged to stay focused on both of these as we work to improve health in the district. Coordinated School Health model was discussed and different components were named: nutrition services, physical education/activity, mental health services and counseling, health services, parent/community involvement, staff wellness, health education, health/safe school environment. The District employees that are serving on the SHAC as representatives of the different areas of coordinated school health have been asked to prepare a brief report to present to each meeting about how students or staff are being served and current activities in their departments.

Covid-19 updates

Numbers are going down. Currently 8 active students.

DRAFT

Subcommittee Positions for SHAC Members

- Opioid Abuse/Prevention/Antagonist Instruction

Per SB 435, the SHAC shall review and make a recommendation to the Board about appropriate curriculum and grade levels for opioid abuse/prevention/antagonist instruction. A committee will be formed to review and discuss this and then come back and present to the group.

- Wellness policy review and Wellness Plan development

The District must have a Wellness Policy and a Wellness Plan which needs to be reviewed and assessed every 3 years. A committee will be formed to meet, discuss, and present a plan to the group. What do we want this to look like for staff and student wellness?

A google sign-up sheet will be sent out for the membership to choose which committee they would like to be a part of.

Member Comments and Announcements

- October is national school lunch week - Discussed some of the different menu options that are available to students/staff to choose from. Also requesting menu design, input and feedback.
- National Walk to School Day is this Wednesday, October 6.

SHAC BOARD-

Chair- Ryan Heger

Vice-Chair- Kristi Baumbach

Secretary- Flora Amaya

Next Meeting Dates:

November 8, 2021

January 10, 2022

February 7, 2022

Meeting adjourned at 6:15 pm