

# Self-Reliance

Dear Parents,

This month your child will participate in activities designed to develop Self-Reliance. For the purpose of Character Education, self-reliance is defined as follows: Students will believe in their own self-worth and learn to rely on their strengths. Students will also demonstrate knowledge of their skills, abilities, and impression of others

The support of the home, school, and community will ensure the success of Character Education. Your participation will demonstrate to your child the importance of being a good citizen.

Here are some activities you can do at home:

- Affirm that each family member is important. Have each member of the family explain why other family members are special. Recognize contributions made by all family members.
- Have your child interview you about important family events to find out what they remember. They might include events or interesting stories about how your family members tackled problems and challenges.
- Make a list of words or phrases used in the family to show happiness, anger, love, and other feelings. Then make another list showing things you might do or say to help other members of your family feel happy.
- Set aside a place where each child can display work that exemplifies their best or favorite.
- When viewing a movie or television show, call attention to ways characters within the show display self-reliance. Explain how self-reliance enables the character to use inner resources or demonstrate his/her skills and abilities.
- Teach your child your hobby or participate in your child's hobby.
- Discuss practices and customs in your family's culture. Discuss changes that may have occurred in those practices between past and present generations.

We appreciate your involvement in your child's education.

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*"If I accept sunshine and warmth, then I must also accept the thunder and lightning."*

*"You must look into people, as well as at them."*

*"Variety's the spice of life that gives it all its flavor."*