

The providers and therapists are not endorsed in any way by Lockhart I.S.D.

Lockhart Independent School District 2005-2006 COMMUNITY RESOURCE LIST



Project of School Counselors and Communities in Schools of Lockhart I.S.D.

Updated March 2006

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DISCLAIMER

Note: This is a list of some resources in and around the Lockhart ISD area. This list is simply a starting point for students and families to gain access to some of the available providers.

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Crisis Management

BLUEBONNET TRAILS COMMUNITY MHMR CENTER CALDWELL COUNTY MENTAL HEALTH SERVICES

1-800-841-1255

510 E. Pierce Street
Luling, TX 78648

Children and adults
Information & Referral
24-Hour Crisis Services
Diagnostic Assessment
Family Support Services
www.bluebonnetmhm.org

CHILD PROTECTIVE SERVICES

1-800-252-5400

or 911 in case of an emergency

HAYS-CALDWELL WOMEN'S CENTER

398-9980 or 396-4357 or 1-800-700-4292

Education, counseling, and advocacy for victims of family violence and sexual assault
Group and individual counseling for adults and children

www.hcwc.org/familyviolence.htm

Free

ROXANNE'S HOUSE

396-7276

Play therapy, counseling, and support groups for victims of sexual assault
Middle Way Parenting Program offered for parents

<http://www.hcwc.org/roxanne.htm>

Free

TEXAS YOUTH HOTLINE

1-800-210-2278

Hotline counselors talk with callers who face a variety of issues, including family conflicts, delinquency, truancy, abuse/neglect, and running away.

TEXAS RUNAWAY HOTLINE

1-888-580-HELP

Hotline counselors offer a caring voice and listening ear to help callers consider their choices and develop a sensible plan of action.

Free and confidential

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Mental Health Facilities

AUSTIN STATE HOSPITAL

512-452-0381

4110 Guadalupe Street
Austin, TX 78751

State Funded Psychiatric
Inpatient & Residential

SHOAL CREEK HOSPITAL

512-324-2000

3501 Mills Avenue
Austin, TX 78731

Inpatient Crisis Stabilization
Adolescent, Adult
Psychiatric/Substance abuse
Inpatient/Outpatient

Substance Abuse Programs and Facilities

AUSTIN RECOVERY CENTER

512-997-0101

8402 Crosspark Drive
Austin, TX 78754

Adult treatment, Detox
Residential, Outpatient

HAYS-CALDWELL COUNCIL ON ALCOHOL AND DRUG ABUSE

396-7695 or 398-2395

Lifeskills Education, Curriculum-based groups (Kid Connection and Youth Connection)
Leadership/Resiliency Group
Adult and youth outpatient treatment (number of meetings and fees vary)
Free Family counseling for families with middle school age and older children (ten sessions)
www.hayscaldwellcouncil.org

LA HACIENDA

1-800-749-6160

P O Box 1
Hunt, TX 78024
(Off FM 1340 in Hunt)

Inpatient Adolescent & Adult, Detox

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LA HACIENDA/SOLUTIONS COUNSELING CENTER

512-835-1994

2100 Kramer Lane, Ste 200
Austin, TX 78758

Adolescent & Adult Treatment
Outpatient, Relapse Program, Assessments, Adolescent Day Treatment

Legal Assistance

FAMILY VIOLENCE LEGAL LINE

800-374-HOPE (Statewide)
512-476-5770 (In Austin)

FAMILY LAW HOTLINE

800-777-FAIR (Statewide)
512-476-1866 (In Austin)

FATHER'S HELPLINE

512-472-3237

807 Brazos Street, #315
Austin, TX 78701-2508
www.fathers.org

Legal Help for Fathers

HAYS-CALDWELL WOMEN'S CENTER

398-9980 or 396-4357 or 1-800-700-4292

Education, counseling, and advocacy for victims of family violence
Group and individual counseling for adults and children

www.hcwc.org/familyviolence.htm

Free

ONLINE LAW HELP- www.texaslawhelp.org

Online resource for free and low-cost civil legal assistance in Texas

SEXUAL ASSAULT LEGAL HOTLINE

888-296-SAFE (Statewide)
512-225-9290 (In Austin)

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Support groups

ALCOHOLICS ANONYMOUS

512-444-0071

1339 Lamar Square Drive
Austin, TX 78704

Substance Abuse & Chemical Dependency Recovery Information

ALANON/ALATEEN

512-441-8591

1307 G Tredwell
Austin, TX 78704

Family/Friends of Substance Abuse & Chemically Dependent Persons

ALZHEIMER'S SUPPORT GROUP

1-800-367-2132 (24 Hour Helpline)

3429 Executive Central Dr.
Suite #100
Austin, TX 78731

Support Group for Family Members of People with Alzheimer's and Related Disorders,
Education, Resources, Counseling

AUSTIN AREA DEPRESSIVE & MANIC DEPRESSIVE ASSN. (BIPOLAR)

512-444-1036 (Anita)

512-331-6866 (Karen)

Support Group for People with Depression & Bipolar Disorders, Referrals, Literature

CENTRAL TEXAS MEDICAL CENTER HOSPICE

Beverly Ewald, LBSW
512-753-3584

1345 Thorpe Lane
San Marcos, TX 78666

Serve children, adolescents, and adults
Individual, group, and family counseling
Kid's summer camp- Camp Hope

www.ctmc.org

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COCAINE ANONYMOUS

1-800-347-8998

12 Step Support Group for people recovering from cocaine addiction

DOWN SYNDROME ASSOCIATION OF CENTRAL TEXAS

512-323-0808

(Maryann Finegan, President)

mafinegan@swbell.net

Support for families with children born with Down Syndrome

GAMBLER'S ANONYMOUS

512-860-2958

Support Group for compulsive gambling recovery

NAMI TEXAS

1-800-633-3760 (ask for Pennie Hall)

Fountain Park Plaza III

2800 South IH 35 Suite 140

Austin, Texas 78704

Provides educational workshops for primary caregivers of children or adolescents who have been diagnosed with brain disorders

Email: namitexas.org

Free of charge

NARCOTICS ANONYMOUS

512-480-0004

603 W 13th St. Ste 1-A-284

Austin, TX 78701

Drug addiction recovery

WONDERS AND WORRIES

512-329-5757

923 Westbank Drive, Suite C

Austin, Texas 78746

Provides an array of therapeutic activities geared toward children, youth, and families coping with chronic or life-threatening illnesses

Support groups, individual counseling, play therapy/health care play, parent consultation, professional consultation, and informal support/recreational activities

www.wondersandworries.org

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General Counseling Facilities

AUSTIN CHILD GUIDANCE CENTER

1-512-451-2242

810 West 45th Street
Austin, TX 78751

www.austinchildguidance.org

Child, Adolescent, and Family Counseling Services
Parent Classes

Accepts insurance: Corphealth, CHIP, Superior Health Plan, Medicaid and most other standard and PPO insurance plans

Initial Evaluation: Sliding rate \$12 - \$120

Ongoing individual or family sessions: \$9 - \$90

LIFEWORKS- CHILD AND FAMILY SERVICES

1-512-478-1648

Located in Austin

Child, Adult, and Family Counseling Services

Accept Medicaid, CHIP, and Sliding Fee Scale

TEXAS STATE UNIVERSITY COUNSELING CLINIC

512-245-8349 or 512-245-8979 (Dr. Eric Schmidt)

Located in San Marcos

Education Building at Texas State University, Room 2040

Serving children, adolescents, and adults

Individual and family therapy, art therapy

Counseling provided by graduate students in their final year of classes (all sessions taped and supervised by a professor)

<http://www.eaps.us/counseling/tsuclinic/>

Sliding scale fee up to \$20 per session

Individual Therapists

* * *Lockhart* * *

LESLIE K. SMITH, M.ED. LPC, LMFT

512-327-5654

512-426-5040 (cell)

Has a private practice in Austin but drives to Lockhart to work with kids while they are at school

Accepts medicaid and some insurances

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* * *San Marcos* * *

KEVIN BARROW, M.ED, LPC

512-396-7241

Serve children, adolescents, and families

Individual and family counseling

Accept insurance

Email: kdbarrow@centurytel.net

CEDAR CREEK ASSOCIATES

Rick Dattore, Ph.D.

Stan Harlan, M.Div., M.Ed., LPC, LMFT

Robert Herndon, LMSW-ACP, LMFT

William Howard, Ph.D.

Joan Matthews, Ph.D.

Robert M. White, LMSW-ACP

Margo Case

396-8540

Child, Adult, and Family Counseling Services

Accept Medicaid and many Insurance plans

TRINIDAD RODRIGUEZ, LPC

396-7170

Child, Adult, Family Counseling Services

Accept Medicaid, Insurance, and Sliding Fee Scale

* * *Austin* * *

ANNE DUCHARME-JONES, LMSW

512-328-0780

3660 Stoneridge Road Bldg A-101

Austin, Texas 78746

Individual, family, and group

Specializes in Eating Disorders

CHRISTI SPRAWLS-STEVENS, PSY.D

512-306-0488

1015 Bee Cave Woods

Austin, Texas 78746

Specializes in Eating Disorders, Mood Disorders, Trauma

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What to Expect as a client

YOUR RIGHTS AS A CONSUMER

- * Be informed of the qualifications of your counselor: education, experience, professional counseling certification(s), and license(s).
- * Receive an explanation of services offered, your time commitments, fee scales, and billing policies prior to receipt of services.
- * Be informed of the limitations of the counselor's practice to special areas of expertise (e.g. career development, ethnic groups, etc.) or age group (e.g. adolescents, older adults, etc.).
- * Have all that you say treated confidentially and be informed of any state laws placing limitations on confidentiality in the counseling relationship.
- * Ask questions about the counseling techniques and strategies and be informed of your progress.
- * Participate in setting goals and evaluating progress toward meeting them.
- * Be informed of how to contact the counselor in an emergency situation.
- * Request referral for a second opinion at any time.
- * Request copies of records and reports to be used by other counseling professionals.
- * Receive a copy of the code of ethics to which your counselor adheres.
- * Contact the appropriate professional organization if you have doubts or complaints relative to the counselor's conduct.
- * Terminate the relationship at any time.

YOUR RESPONSIBILITIES AS A CLIENT

- * Set and keep appointments with your counselor. Let him or her know as soon as possible if you cannot keep an appointment.
- * Pay your fees in accordance with the schedule you pre-established with the counselor.
- * Help plan your goals.
- * Follow through with agreed upon goals.
- * Keep your counselor informed of your progress towards meeting your goals.
- * Terminate your counseling relationship before entering into arrangement with another counselor.

IF YOU ARE DISSATISFIED WITH THE SERVICES OF A COUNSELOR

Remember that a counselor who meets the needs of one person may be wrong for another. If you are dissatisfied with the services of your counselor:

- * Express your concern directly to the counselor, if possible.
- * Seek the advice of the counselor's supervisor if the counselor is practicing in a setting where he or she receives direct supervision.
- * Terminate the counseling relationship, if the situation remains unresolved.
- * Contact the appropriate state licensing board, national certification organization, or professional association, if you believe the counselor's conduct to be unethical

Psychiatrists

LEANNE HELLER, MD

512-754-7724 to schedule an appointment

512-754-7778 for confidential voicemail

100 B North Edward Gary- Suite 115

San Marcos, TX 78666

Doctor of Psychiatry

Serving Children, adolescents, and adults

Psychiatric evaluation, medicine management, individual therapy, crisis management

Accept medicaid and many PPOs

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LAM SHIVA, MD

(512) 467-2840

1600 W 38th St Ste 422
Austin, TX 78731

Doctor of Psychiatry

General Assistance

CALDWELL COUNTY CHRISTIAN MINISTRIES

(512) 376-6661

1012 State Park Rd.
Lockhart, TX 78644

CARTS

1-800-456-RIDE

Rural Transportation: Monday-Friday

www.ridecarts.com

COMMUNITY ACTION, INC OF HAYS, CALDWELL & BLANCO COUNTY

398-3494- Community Health Services
398-3493- Utility Assistance/Section 8 Housing
392-1161- Food Distribution

Plum Creek Plaza
1710 Colorado Suite 115
Lockhart, Texas
www.communityaction.com

SALVATION ARMY SOCIAL SERVICES CENTER

www.salvationarmyaustin.org

Emergency Shelter

512-441-8336 or 512-441-6914
Temporary Shelter for homeless youth

Austin Shelter for Women and Children

512-933-0600
Transitional housing for women and children

THRIFT SHOP

398-6322

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Search for local resources

211 TEXAS

Dial 211 for information about and referrals to social service agencies and organizations throughout the state of Texas

<http://www.rtmdesigns.net/uwcaparea/>

TEXAS COUNSELING ASSOCIATION- REFERRAL BANK

www.txca.org

Click **Resources**

Click **Referral Bank**

Referral to area therapists

COUNSELOR FIND

www.nbcc.org/counselorfind2

Search for local National Certified Counselors