

**School Health Advisory Council  
Meeting Minutes  
November 12, 2007**

**Members Present:**

Shanna Guenther, Carver Kindergarten  
Julie Hart, RN, LISD  
Monte Kay Fredrick, RN, Department of State Health Services  
Warren Lay, Lockhart Fire Department  
Nancy Joseph-Chandler, LVN, Clear Fork Elementary  
Donna Voetee, Community Member  
Frank Milton, Aramark  
Gwen Stone, RN, Community Member  
Maryanne Morris, RN, Lockhart High School

The meeting was called to order a 5:30 pm by Julie Hart. Julie noted that there were more district people present at this meeting. The mission and the role of the SHAC were reviewed.

At the last meeting we reviewed the accomplishments of 2006 and 2007. Emergency preparedness was inadvertently omitted. The goal was to continue to work with campuses on improving and refining crisis management within the district. Monte Kay with DSHS and Warren from the Fire Department have been instrumental in helping us set up procedures in the event of a biological or natural disaster.

Monte Kay explained that this year's flu clinic was a walk through but next year with the help of the Wesley Nurse, Susan Fuqua they hope to set up a drive through clinic. This clinic will be a drill for the process to dispense medications in case of an emergency. The main site for delivery of the emergency medications would be the Junior High. There is a Federal Program in place now and the schools will be part of this program. The question was raised as to if these medications will be mandatory. The medications in question would likely be antibiotics or antivirals. Although they would not be mandatory in most circumstances it would be in the public's best interest to receive these meds if available. Donna suggested that non-specific viral stimulation might be a better alternative to medications and offered anyone who is interested in receiving information regarding this topic to come to her shop where she has educational materials available.

Warren Lay presented the final draft of the pamphlets he has put together containing basic information about emergency preparedness. His goal is to dispense these pamphlets twice a year which will include talking to students about safety. He attended that Plum Creek Health Fair and has taught students about how to access emergency care using 911 and Halloween safety. The new coordinator for health fairs in the community is EMS employee Daniel Murphy.

Candy Schuelke spoke at length about the “Action for Healthy Kids Meeting” she was able to attend. She explained that the meeting was wonderful and it was a coming together of many people from different organizations to assure a healthy future for our children. She distributed a handout explaining exactly what the Foundation for Action of Healthy Kids is, what their goals are and how much they have accomplished thus far. The web site is [www.actionforhealthykids.org](http://www.actionforhealthykids.org). She said the site is very user friendly and contains many useful resources.

Also included in this handout was a summary of the new laws the legislature has passed and how they will affect our district. SB 530 requires annual fitness assessments for students in grades 3-12 beginning 2007-08. The results of the assessments will be reported to TEA in a summary form omitting the names of students and teachers. The Fitness Gram will be used and The Cooper Institute will give the software to Texas Schools. Before testing can begin the software must be obtained and staff trained. This information was sent to the Superintendents of all schools. At this point there does not appear to be a plan in place. Julie has sent out information to all coaches and has not yet received a response. It is unknown at this time if we have a PE Coordinator for our district.

Julie reviewed the handout entitled Centers of Disease Control National School Health Policies and Programs Study 2006 Report. She condensed this report extracting certain statistics that she thought would be of interest to our group. She addressed how LISD is meeting and often exceeding other states in meeting the objectives.

Over the past 5 years LISD has been working diligently on our dietary program. We are meeting all of the state and national standards. Frank Martin from Aramark, the new Director of Nutrition was introduced to the group. He promised to bring information to the next meeting explaining how our food service provider is addressing the problem of childhood obesity.

Donna brought a video that was to be viewed which shows how a school that made changes to the diets of students had a positive affect on the behavior of their students. There was no machine available to view the video at this meeting, however one will be available at the next meeting. Julie pointed out that the vendor that supplies the meals to this district is the same vendor that supplies our district’s meals, Aramark. Donna also distributed a handout entitled Taylor’s Fuzzy Brained Mice which was a science project completed by a child in grade school. The project demonstrated the negative affects that ingesting food dyes have on the behavior of mice. Donna also said she has articles on the effects of irradiating foods. One problem is that the process also kills beneficial enzymes.

As promised at the last meeting, Julie further investigated “New Freedom Commission on Mental Health”. The literature shows that this is not a law that requires that all children be tested for mental illness. It is a commission founded by the current administration to address and review mental health issues in our schools.

Our next meeting is scheduled in January and will be held in the High School Library where media equipment will be available.

The meeting was adjourned at 5:30 pm.

Submitted by: Maryanne Morris