

School Health Advisory Council Meeting
Monday, 10/08/07
High School Conference Center
5:30 to 6:30 pm

Agenda

I. Welcome /Introductions

II. SHAC Mission – Our mission is to promote and nourish health and wellness within a safe school environment emphasizing the physical, social, emotional and spiritual needs of the Lockhart ISD educational community.

Areas of Emphasis are: School Environment, Health Education, School Meals and Nutrition, Physical Education, Health Services, Counseling/ Mental Health, Staff Wellness and Family and Community Involvement.

III. Review of 2006-07 Accomplishments

- District Wellness Policies are in place (see handout local school district policy)
 1. Goal: Integrate wellness policies into district and campus written year end goals. This was not fully accomplished due to administrative changes in district last year.
 2. Goal: Wellness Representative on each campus and district improvement committee. Goal not met.(see note above).
- CPR/First-Aid - Goal was to incorporate First Aid into CPR/AED training for district personnel. Goal was met. All school staff this year were trained in First Aid and CPR/AED use. 77 community, 284 staff and 216 students were trained 06-07 .
- AED – Goal was to continue to obtain AED’s to place on school campuses. (see attachment for AED placement in district) Goal is continuing to be met- three more units bought for this school year with TASB grant funding applied for and obtained.
- Diabetes Training – Goal was to continue staff training to provide a safety net for student with diabetes within the district. Goal was met. Training occurs on campuses at the beginning of each school year. Total trained within district: 39 including after school program personnel.
- Health Education - Goal to continue with varied health training on various health topics on each school campus. Goal is being met. Elementary and Jr High level physical education teachers and health service staff were trained in the “CATCH” program goals and also teach nutrition, hand washing, dental health, importance of exercise, water, sleep, stranger danger, fire/emergency safety, beware drugs/alcohol, bike safety, etc.
- Family/Community Involvement – Goal to have increased parental participation in school and wellness activities. Goal is being met. All campuses have wellness fairs, nutritional emphasis days, cancer/diabetes walks, blood drives, and PTO meetings.
- Counseling/Mental Health – Goal was to continue Community in Schools program within district. Goal is being met. CIS personnel on Carver, Jr. High, Freshman, High School campuses. These personnel work with students who have life issues that could negatively affect there learning potential.
- Staff Wellness – Goal was to have campus programs to meet the needs of the personnel housed within. Goal partially being met. Some campuses are more active than other campuses in their wellness activities. Staff turn over and reassignment of personnel, size of larger campuses also contribute to the challenge.

- School Meals and Nutrition – Goal is to establish nutrition education as a district priority and integrate into other areas of curriculum. This goal is in the process of being met at some level on each of the different campuses, ie. state guidelines for nutrition are being met on each campus and integration of nutrition into math and science.(see handout nutrition guidelines)
- Physical Activity – The goal to regularly emphasize moderate to vigorous activity is being met in PE classes. Training for teachers and other staff to promote lifelong physical activity I am unclear if is being met.

IV. New Business – Member Input

V. Next Meeting Date – Monday, January 14,2008 unless membership would like earlier meeting date.

VI. Adjourn