

## Thank you for your interest in the School Health Advisory Council

### **Background Info**

The 77<sup>th</sup> session of the Texas Legislature Senate Bill 19 mandated every school district in Texas to create a local district School Health Advisory Council (SHAC). The SHAC membership is Board appointed and its membership includes parents, students, teachers, health personnel, food service personnel, community/business leaders and school administrators.

### **Mission Statement**

Our mission is to promote and nourish health and wellness within a safe school environment emphasizing the physical, social, emotional and spiritual needs of Lockhart ISD educational community.

### **Purpose of the SHAC**

- 1) To be instrumental in improving student health and creating healthy school environments
- 2) To be a credible, collective voice of support for children and youth of our district
- 3) To provide a forum for sharing health information and resources benefiting children and youth
- 4) To gain a range of advice and perspectives of health and health education from within our community
- 5) To provide a way for families and community members to work together with school personnel to accomplish health related goals and to create healthy school environments within our district
- 6) To foster cooperation and trust by building consensus and understanding among parents, students, district personnel and community/business leaders

### **Past Meeting Topics/Accomplishments/ Highlights**

- 1) Review of eight components of a Healthy School Environment
- 2) Survey of Campus Health Needs / Compiled Results of Survey
- 3) TDH – School Based Nutrition Monitoring Survey Results 4<sup>th</sup>, 8<sup>th</sup> and 11<sup>th</sup> grades
- 3) Review of Elementary Physical Education Curriculum
- 4) Identification of district health needs based on surveys
- 5) TDH – Mini Grant Funding Received
- 6) LISD CPR training program started
- 7) Annual Elementary Campus Health Fairs
- 8) District Nutrition Policy Reviewed
- 9) General Mills Physical Education/Nutrition Grant Received
- 10) Vertical Re-Alignment of Elementary Physical Education Programs
- 11) District Wide Wellness Initiatives by Campuses
- 12) Automatic External Defibrillators Initiative
- 13) Additional Registered Nurses in District
- 14) Diabetes/ Asthma/ Epilepsy Staff Training Program
- 15) District Wellness Policies Established

You are welcome to come join us and to be part of our endeavors to raise the educational achievements along with the safety/health of all students in our district.

Sincerely,

Julie Hart RN, BSN

LISD School Health Coordinator

[julie.hart@lockhart.txed.net](mailto:julie.hart@lockhart.txed.net)