

**School Health Advisory Council**  
**Monday, January 8, 2007**  
**Meeting Minutes**

**Members Present:** Monte Kay Fredrick, RN, DSHS  
Katie Hornberger, High School Student  
Merilee Storm, RN, Golden Age Home  
Maryanne Morris, RN, Lockhart High School  
Donovan Thomas, Lockhart Chiropractic Clinic  
Lanaya Smith, Plum Creek Elementary  
Julie Hart, LISD Health Services  
Shannon Moore, Parent  
Warren Lay, Lockhart Fire/Rescue  
Candi Schuelke, Bluebonnet Elementary  
Terri Bassinger, Food Service  
Christine Bendana, Food Service  
Beth Limbrick, Junior High

Julie Hart began the meeting at 5:40 PM.

Six new AED Units have been donated, one by TASB and five by Bluebonnet Electric. This will enable Lockhart to meet the UIL requirements that a unit be present at each event.

The last meeting of the Texas Action for Healthy Kids Alliance focused on the implementation and evaluation of wellness policies. This year we should be working on assuring that policies that were created last year are being implemented. These policies should be included in campus and district goals for the current school year. This year Carver Kindergarten did the best job. Currently at the other schools there is not a health and wellness representative on the planning committees. None of the other campuses, other than Carver, have incorporated wellness policies into their campus and district goals. Julie will work with the principals to educate them regarding incorporating the wellness policies into their plans. She states that we need to work on getting wellness representatives on the campus and district levels. Candi Schuelke stated that she was on the committee at her school, Bluebonnet, but the final plan when presented did not include any wellness policies.

One of the goals of this group should be suggestions on how to include wellness policies in the district and campus goals.

There have been no changes to the Texas State Nutrition Policy this year. However there is a new Commissioner who will head this department, as Susan Combs is now Comptroller. With this change of leadership the policy may change.

Warren Lay distributed more copies of his brochure. He is still interested in receiving input regarding these brochures. His plan is to have the final copy done in the spring at which time he will distribute them to the public. He asked for suggestions regarding which be the best way to present his information to the schools. Some ideas were presenting the information at an assembly or during PE classes. Warren will work with the schools to come up with a plan. He suggested schools call him to set up a date. Warren's number is 398-2321, ext. 463. Also he reminded everyone that he does have flyers containing information on babysitting and that there will be a reference to CPR on his brochures. He investigated and found that there is no age specified for learning CPR. Individuals, however, must be able to pass the test.

Shana Guenther from the kindergarten assembled a packet of health resources and free materials she received from various sites on the Internet. She gave a packet to each school nurse. Julie had available a resource page with the web sites listed.

It was not made clear at the last meeting what the plans were in 2007 for a Diabetes Walk. The consensus was that they would be postponed until next year. Julie contacted Ms. Hellurud concerning involving the HOSA group next year. Katie H will bring it up at the next HOSA meeting. November is national diabetes month. Candi is doing a walk at her school this spring. She explained that there are many good benefits and incentives for schools to participate. The representative that Candi works with from the Diabetes Association is Ginelle Ramirez. She comes out to do a presentation to the students explaining what diabetes is and what role they can play in helping to support a cure.

Maryanne reported that the Blood Drive at the high school was successful. We will hold another in the spring, which makes student eligible to apply for a scholarship sponsored by the Blood and Tissue Bank. All were encouraged to donate in the spring.

A question regarding the meningitis vaccine was brought up. Current literature reads that the vaccine is recommended prior to students entering High School. No specific age is given. This can be confusing, as all districts do not designate High School as 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> grade. Monte Kay suggested the recommendation should be age specific or grade specific. She will investigate this further.

The meeting adjourned at 6:30 pm.

Submitted by: Maryanne Morris, RN  
LHS Campus Nurse